

The
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PRESENTS



COUNTDOWN
TO
HAJJ



4 WEEK HAJJ PREPARATION PROGRAMME

EVERY WEDNESDAY | 7:15PM - 8.00PM

COMMENCING WEDNESDAY 26TH JUNE 2019

USTADH MASOOD CHOWDHURY | OPEN TO BOTH BROTHERS & SISTERS

THE ISLAMBRADFORD CENTRE | 1 CITY ROAD, BD8 8ER | CHARITY REG. NO. 1154340

[@IBCENRE1](#) [WWW.ISLAMBRADFORD.COM](#) [INFO@ISLAMBRADFORD.COM](#)

TYPES OF HAJJ PREPARATION

Week 1 – Physical /Practical /Financial

Week 2- Spiritual & Mental (attitude and positive thinking)

Week 3- The History of Hajj

Week 4- How to Perform the Hajj

Week 2

Spiritual & Mental

PRE-HAJJ SPIRITUALITY

- Repentance;
- Resolving differences with others
(in particular estranged family members);
- Bidding farewell;

EXCELLENCE OF REPENTANCE (TAWBAH)

- Major sins require specific repentance
- Allah loves those who repent (Baqarah:222);
- Allah is delighted when the slave repents;
- Angels pray for the one who repents; (Ghafir: 7)
- It is a tremendous act of worship.

PILLARS OF SINCERE REPENTANCE (TAWBAH)

- 1- To refrain from the sin;
- 2- To feel regret for what has passed;
- 3- To be determined not to return to the sin again.
- 4- To return the rights of human beings e.g. stolen property.

RESOLVING DIFFERENCES

- Hadith: “Shall I not tell you of something better than voluntary fasting, prayer and charity?...To reconcile people”
- Suggestion: Even a simple text message is a step in the right direction.

BIDDING FAREWELL

- Bid farewell to your family as though this is the final farewell. Show your family you love them.
- Bid farewell to sins and bad habits.
- Remember that one day we may not get the chance to bid farewell and it will be time to go.

THE EXCELLENCE OF HAJJ

- Pillar of Islam;
- Wipes away all minor sins in your entire life;
- Gives you a ticket to Jannah – most important qualification you have;
- Repels poverty;
- You return like the day your mother gave birth to you;
- Jihad for women.

“There is no reward for Hajj Mabroor other than Paradise.”



HAJJ MABROOR

(1) SINCERITY

Worship is only accepted by Allah if it is done sincerely done for His sake.

HAJJ MABROOR

UNPRAISEWORTHY INTENTIONS

- To attain social prestige;
- Curiosity;
- Tourism;
- Proving oneself;
- Business/shopping;

HAJJ MABROOR

(2) FOLLOWING THE SUNNAH

- “Take your pilgrimage rites from Me.”
- If you don’t know ask!
- Beautify your Hajj with as many Sunnahs as you can.
- Don’t harm other Hajjis to do a Sunnah!

HAJJ MABROOR

(3) HALAL WEALTH

“Allah is good and pure and only accepts that which is good and pure.”

HAJJ MABROOR

(4) AVOIDING SINS

فَلَا رَفَثَ وَلَا فُسُوقَ وَلَا جِدَالَ فِي الْحَجِّ

Commons Sins During the Hajj:

- Backbiting
- The Loose Gaze
- Free Mixing
- Argumentation
- Arrogance

RECURRING OVERLOOKED HAJJ DEEDS

وَمَا تَفْعَلُوا مِنْ خَيْرٍ يَعْلَمُهُ اللَّهُ وَتَزَوَّدُوا فَإِنَّ خَيْرَ الزَّادِ التَّقْوَىٰ

- Perfecting the Wudu
- Using the Miswaak
- Walking to the masjid (there and back)
- Waiting for the prayer
- Staying after the prayer in wudu
- Remembrances in the morning & evening
- Duha prayer
- Praying the Janazah prayer

UNDERSTANDING THE MAIN AIMS OF THE HAJJ

- The Tawheed of Allah
- Reminder of the Gathering on the Day of Judgement
- Remembrance of Death & Insignificance of the Dunya
- Brotherhood & Taming the Ego
- The Universal Call of Islam
- The Importance of Unity

INSPIRATIONAL HAJJ STORIES

- <https://www.independent.co.uk/voices/hajj-islam-pilgrimage-what-like-where-when-impact-effect-a8498196.html>
- https://www.britishmuseum.org/whats-on/exhibitions/hajj/hajj_stories.aspx
- <https://ilmfeed.com/category/hajj/>

1

“I was doing Tawaf from the top of the Haram and as I looked down there were waves of pilgrims - all nationalities, colours and sizes moving so peacefully around the Ka'ba. **Once you go for Hajj, you leave a piece of your heart there and it makes you want to go again and again...**”

2

“Just a snippet of my experience I had the most incredible night of sleep in Muzdalifah and words cannot describe the emotions felt in Arafat. I hope I can visit Makkah and Madinah and perform Hajj many times in my life!”

3

“Taking those few step toward the Ka'ba but not yet seeing it... The suspense was increasing, those few seconds felt like hours. Then...then... the moment I can never forget. Tears were flowing down my cheeks. **I just stood there in awe being grateful that I was given the blessing to visit this beautiful place.** I prayed to Allah and I just couldn't stop crying. The Ka'ba was stunning and time just stood still.”

4

“When I saw the Ka’ba for the first time I fell into deep crying and I felt that I did not want to go out to the real life, **I just wanted to stay here for the rest for my life.** It was an incredible feeling. I wish from the bottom of my heart that I could go there again.”

5

“I am sixteen years old and Hajj for me was something indescribable, and the feeling and the experience was amazing. I was left speechless when I first saw the Ka'ba from the top roof and I thought to myself, "Am I really here...?" I went with four other family members and we were with a Hajj package. **Hajj requires a lot of patience.** Hajj reminds us that we are all equal; rich or poor, black or white. Hajj is a pilgrimage which gathers all Muslims in one place, to worship God.”

6

“When I reached the plains of Arafat and before me were people and tents as far as the eye could see, I could not help but cry. **My tears were of happiness and wonder that God had allowed me to reach this wondrous place.** As I made my prayers I felt a closeness to God which I had never felt before, both physical and spiritual - a feeling that I will never forget and one that I strive to reach every day.”

INSPIRATIONAL HAJJ PHOTOS

Looking at photos of the Hajj
both past and present can
inspire and help ones heart
make an advance trip.













INSPIRATIONAL HADITH

“Allah boasts to the angels on the day of ‘Arafah of the people of ‘Arafah and says, ‘Look at My slaves, how dishevelled and dusty they came to Me.’”

INSPIRATIONAL HADITH

“There is no day when Allah sets free more slaves from Hell than the day of ‘Arafah. He draws near and then boasts of them to the angels and says: “What do these (pilgrims) want (of me)?”

ACCELERATING IN GOOD DEEDS PRIOR TO THE HAJJ

- People are on different levels;
- Hit the ground running;
- Strengthen your connection with the Qur'an in the remaining days'
- Observe many Sunnah prayers and Dhikr' in the remaining days
- Have a plan.

MANNERS WITH FELLOW PILGRIMS

- People are the biggest test;
- People are different – backgrounds, levels of education, personalities, habits etc.;
- Stick with people you feel comfortable with and have Sabr with those you're not comfortable with.

DEVELOPING MENTAL TOUGHNESS

**THE PHOTOS THEY DIDN'T
SHOW YOU IN THE
BROCHURE!**











DEVELOPING MENTAL TOUGHNESS 1

- The Hajj is only a few days;
- You may never have the chance to come again;
- You are in the best place in the world in the best days;
- Many would wish to be where you are today;
- Many died without making the Hajj.

DEVELOPING MENTAL TOUGHNESS 2

- You've got it a lot easier than other Hajjis!
- Allah chose you to be here.
- You are rewarded for every single hardship if you intend the Pleasure of Allah.
- Life is a temporary test and the Hajj is a temporary test of patience.
- The Hajj in previous years was more testing.

DEVELOPING MENTAL TOUGHNESS 3

- There is no 5* Hajj, just accepted ones and rejected ones;
- There is no VIP Haji;
- A little hardship softens the heart and teaches humbleness.

BEING FORGIVING TOWARDS HAJJ ORGANISERS

- Hajj is a complex logistical operation – remember many things are out of the hands of the organisers.
- Everyone makes mistakes – especially under pressure.
- When you forgive others Allah will forgive you.
- Let bygones be bygones and savour the Hajj

FINAL DUAS

- Don't forget to make Dua you return one day.
- Don't forget to make Dua that Allah accepts your Hajj and the Hajj of all other Muslims.
- Don't forget to make Dua that your other family members and children are blessed to make the Hajj in their lifetime following in your path.

FINAL MOTIVATIONAL WORDS

“Hajj, there really isn’t any single adjective that can do it justice. Hajj is hard, Hajj is powerful, Hajj is inspiring, but ultimately, Hajj is change.”