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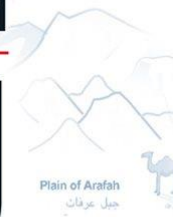
PRESENTS



COUNTDOWN

TO

HAJJ



4 WEEK HAJJ PREPARATION PROGRAMME

EVERY WEDNESDAY | 7:15PM - 8.00PM

COMMENCING WEDNESDAY 26TH JUNE 2019

USTADH MASOOD CHOWDHURY | OPEN TO BOTH BROTHERS & SISTERS

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TYPES OF HAJJ PREPARATION

Week 1 – Physical /Practical /Financial

Week 2- Spiritual & Mental (attitude and positive thinking)

Week 3- How to Perform the Hajj

Week 4- The History of Hajj

Week 3

**How to Perform the
“Tamattu” Hajj**

**“Tamattu” Hajj = Umrah +
Break + Hajj**

Holy Places



Hajj Pre-requisites

1. Being a Muslim.
2. **Adulthood:** Performing Hajj is not required from a child. If a child performs Hajj, his Hajj will be accepted but does not exempt him from performing the obligatory Hajj after reaching adulthood.
3. **Physical and financial ability.**

Hajj Terminology

- Rukn - Pillar
- Wajib - Obligation
- Sunnah - Recommended

Pillars of Hajj (Rukn)

An action on which the validity of the Hajj depends. If it is abandoned, the Hajj is not accepted:

1. Ihram.
2. Standing on `Arafah.
3. Tawaful Ifaadah.
4. Sa`i between Safa and Marwah

Obligatory Acts of Hajj (Wajib)

A necessary ritual which a pilgrim must observe. If he did not do it, he must offer a sacrificial animal.

Obligatory Acts of Hajj

The Seven Obligations (Wajib) of Hajj:

1. Performing Ihram from Meeqat;
2. Standing at `Arafat until sunset;
3. Spending the night in Muzdalifah;
4. Spending the nights of *Tashreeq* (11th and 12th of Dhul Hijjah) in Mina;
5. Shaving the head or shortening the hair;
6. Stoning the Jamaraat;
7. Farewell Tawaf.

Hajj Step by Step – The Umrah

1. Entering into Ihram from the Meeqat



Hajj Step by Step – The Umrah

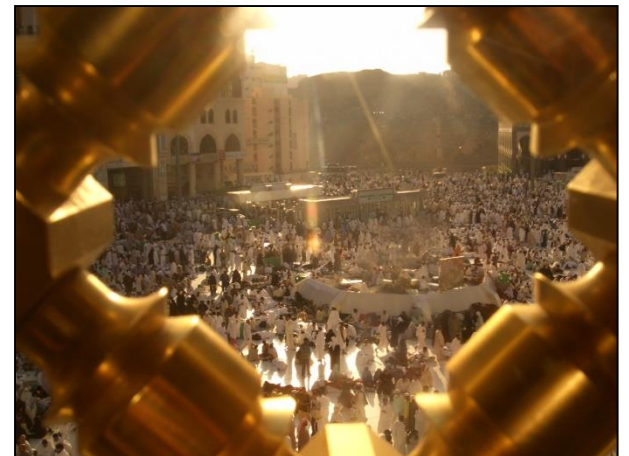
Entering into Ihram from the Meeqat

- Taking a bath and general hygiene;
- Using perfume on head and beard;
- Wearing Ihram;
- Making Talbiyah (intention not verbalised) for Umrah.

Hajj Step by Step

Talbiyah

- Men should raise their voice with the Talbiyah.
- But women should make their voices audible only to themselves.”



Hajj Step by Step

Restrictions of Ihram:

- Sexual intercourse and all matters leading to it such as kissing, touching.
- Sewn clothes e.g. shirt and underpants.
- Women are forbidden from wearing *Niqab* or gloves.
- Clipping nails, shaving, cutting or removing hair from the head or any part of the body.
- Using perfume on body or clothes
- Engaging in hunting.

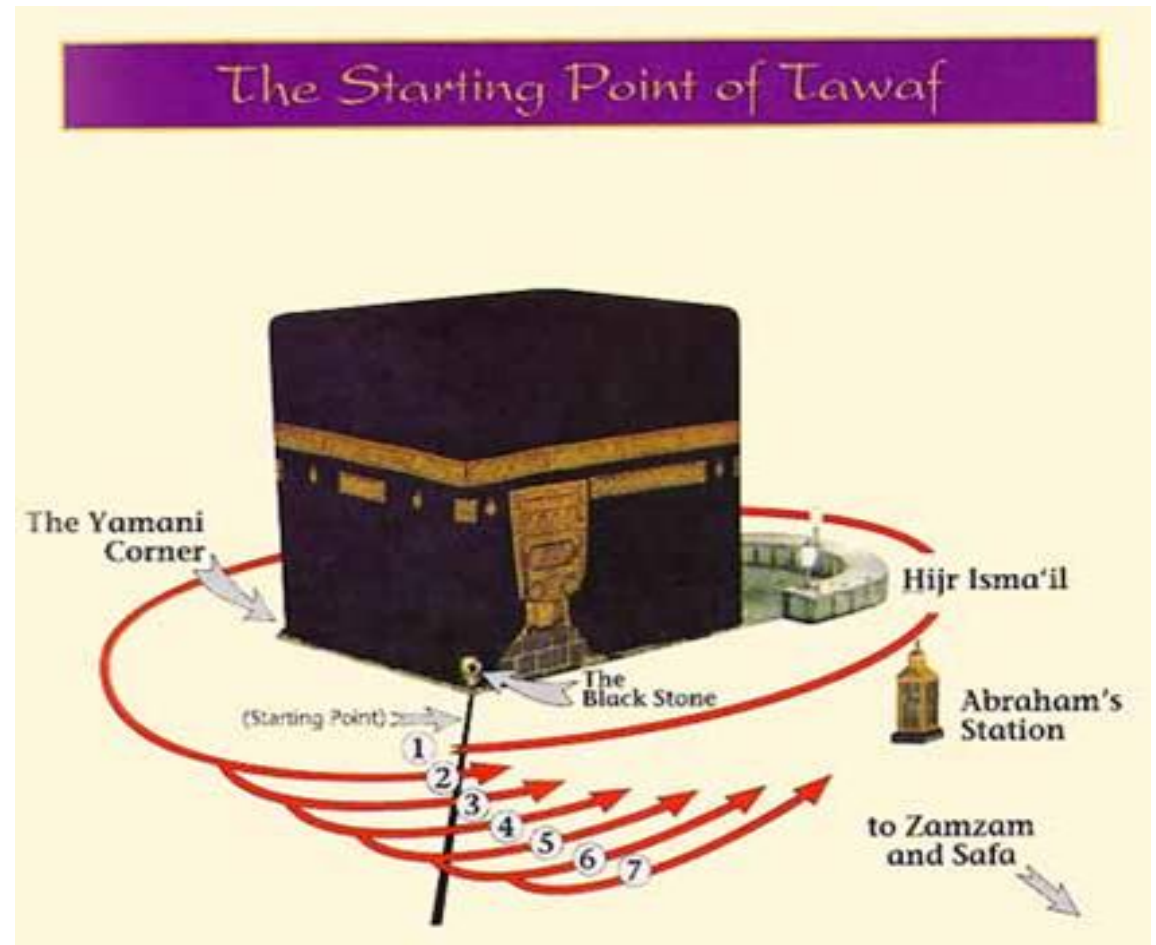
Hajj Step by Step

Penalty for Violating Sanctity of Ihram :

- A pilgrim who for a genuine reason is compelled to violate any of the restrictions of Ihram, like shaving his head, wearing sewn clothes e.g. because of cold or heat etc., (with the exception of intercourse with his spouse), he may do so, however he will have to **slaughter a sheep, or feed six needy people, or fast three days to repent for it.**

Hajj Step by Step – The Umrah

2. Making *Tawaf*



Hajj Step by Step – The Umrah

2. Making *Tawaf*

- Stop the Talbiyah and go around the Ka`bah seven circuits.
- Start Tawaf from the Black Stone.
- Men are to leave their right shoulder uncovered.
- Hasten during the first three rounds of Tawaf and walk during the other four.
- On starting Tawaf from the Black Stone say: "Bismillah Allahu Akbar".
- Kiss the Black Stone if possible or even point at it with your right hand whilst moving.
- Wipe the Yemeni Corner with your right hand every time you pass by it if possible, but neither kiss nor point at it.
- In making Dhikr and Du`a' during Tawaf, do not raise your voice.

Hajj Step by Step – The Umrah

2. Making *Tawaf*

Perform 2-Rak'ahs behind Maqam Ibrahim

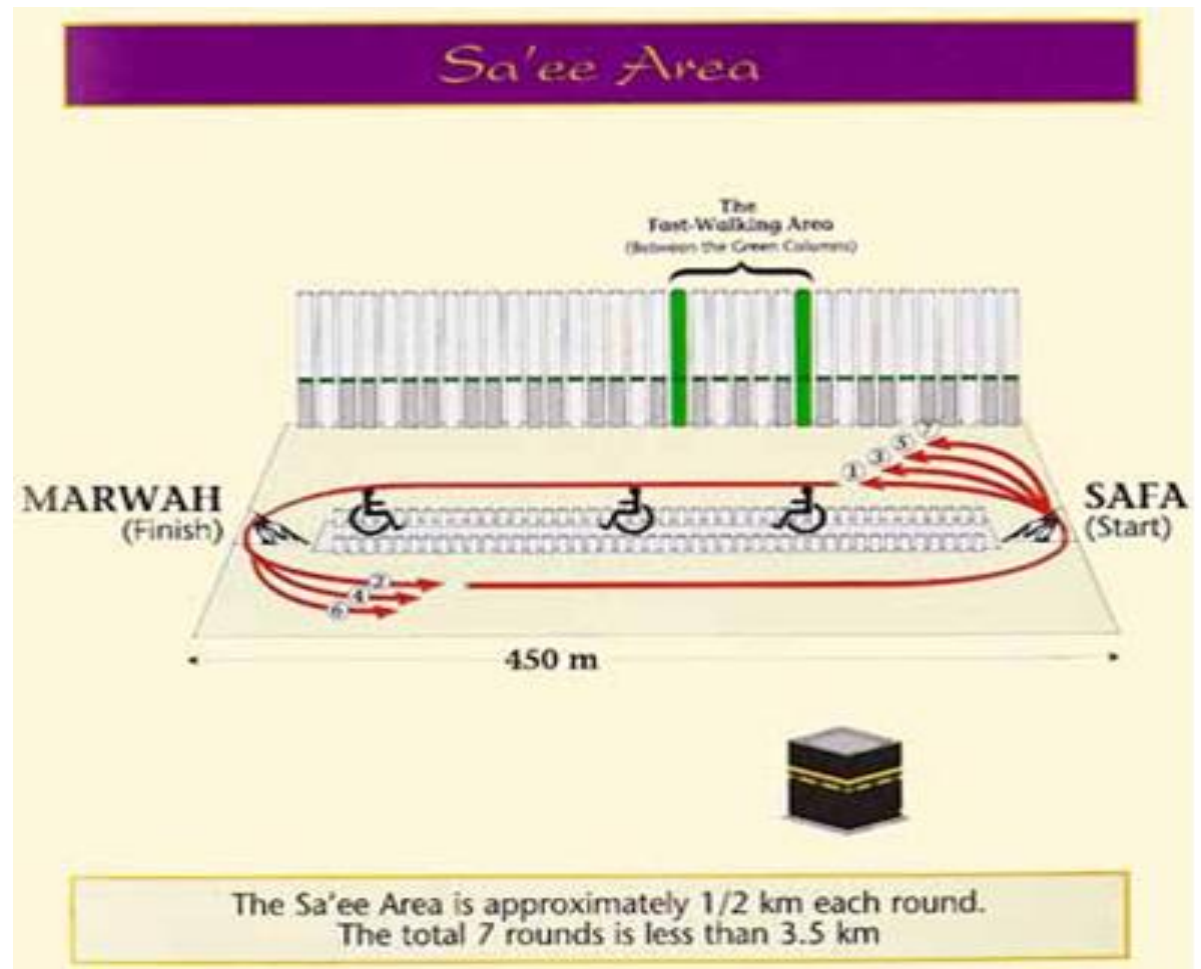
Recite:

- Al-Kafirun in the first Rak`ah.
- Al-Ikhlās in the second Rak`ah.

Hajj Step by Step – The Umrah

3. Making Sa'i

➤ Ascend Mount-Safa and recite the Qur'anic verse “Verily! As-Safa and Al-Marwa are the Symbols of Allah. So it is not a sin on him who performs Hajj and Umrah of the House to perform the going between them. And whoever does good voluntarily, then Allah is All-Recognizer, All-Knower.” [2-158]



Hajj Step by Step – The Umrah

3. Making *Sa'i*

- Face the Ka`bah and raise your hands for supplication while saying the following three times: "There is no god but Allah, Who fulfilled His Promise, gave victory to His servant, and defeated the confederates single-handedly."
- Start performing the Sa`i from Safa to Marwah walking, and when you reach the two green signs hasten your walk. Then return to your normal mode of walk. On getting to Marwah, ascend it, face the Ka`bah and do as you did at Safa.

Hajj Step by Step – The Umrah

4. Shaving or shortening hair:

- After Umrah, shave your hair completely or shorten;
- Women shorten their hair slightly.
- Put on ordinary clothes, wear perfume and assume Ihram again for Hajj on the 8th Day of Dhul Hijjah.



Hajj Step by Step – The Hajj

5. On the 8th → Going to Mina

- Put on Ihram for Hajj and then go to Mina.
- Pray Dhuhr, 'Asr, Maghrib, 'Isha' and Fajr, shortening the prayers but not joining.



Hajj Step by Step – The Hajj

6. On The 9th → Going to Arafat

- When the sun rises on the day of ‘Arafah, the pilgrim travels from Mina to ‘Arafah
- When the time for Dhuhr prayer begins, he should pray Dhuhr and ‘Asr, two rak’ahs each, and join them together at the time of Dhuhr, as the Prophet (s) did, so as to leave a lot of time for making du’a.

Hajj Step by Step – The Hajj

6. On The 9th → Going to Arafat

- You must be within the boundaries of `Arafat, but it is not necessary to ascend Jabal Ar-Rahmah.
- This is the main part of the Hajj. Now is the time for dua!
- At sunset, go to Muzdalifah very calmly and peacefully reciting the Talbiyah throughout the way.

Hajj Step by Step -The Hajj

7. Going to Muzdalifah

- On reaching Muzdalifah, join both Maghrib and `Isha' at the time of the latter; three Rak`ahs for Maghrib and two for `Isha'.
- If you fear that you may miss these prayers due to congestion at Muzdalifah, then you may perform prayer on your way to it. Then when you reach Muzdalifah, sleep till dawn.

Hajj Step by Step – The Hajj

8. On The 10th → Going Back to Mina

- Before sunrise, go to Mina.
- Walk calmly and keep on reciting the *Talbiyah* throughout.
- Women and the ill may depart for Mina after the middle of the night and stone.

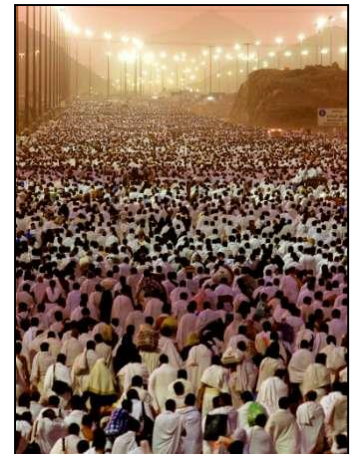


Hajj Step by Step – The Hajj

8. On The 10th → Going Back to Mina

What to do next?

1. Throwing the pebbles at Al-`Aqabah only (the biggest Jamarat).
2. Slaughtering the *hady* (Sacrifice).
3. Shaving or shortening the hair.



Hajj Step by Step – The Hajj

8. On The 10th → Going Back to Mina

Throwing the stones at Al-`Aqabah:

- On reaching Mina, perform the ritual of throwing the stones at Al-`Aqabah.
- Stop reciting *Talbiyah* on reaching Al-`Aqabah, and make Takbeer (by saying "Allah Akbar") with each stone you throw.

Hajj Step by Step – The Hajj

8. On The 10th → Going Back to Mina

Slaughtering the *hady* (sacrifice):

- Slaughtering the sacrificial animal Is an expression of gratefulness to Allah;
- Pre-paid coupon acceptable.



Hajj Step by Step – The Hajj

8. On The 10th → Going Back to Mina

- After that, men should have their hair shortened or shaven altogether.
- Shaving is preferable.
- Women have to cut part of their hair equal to the length of a finger tip.
- By doing so, the pilgrim is now considered to have partially left the state of ihram.
- Everything becomes permissible except having marital relations.



Hajj Step by Step – The Hajj

8. On The 10th → Making Tawaf and Sai'

- After performing all the three steps, you then go to Makkah to perform Tawaf Al-Ifadah.
- Follow the same steps of Arrival Tawaf.
- On finishing Tawaf Al-Ifadah you are now totally out of the state of Ihram.
- Make Sai' between As-Safa and Al-Marwah.



Hajj Step by Step – The Hajj

8. On The 10th → Making Tawaf and Sai'

- It is permissible to delay *Tawaf Al-Ifadah* and Sai', but not later than the 13th.
- The ill can wait till they are better before making *Tawaf Al-Ifadah* and Sai'.
- The menstruating women waits till her period is over before making *Tawaf Al-Ifadah* and *sai'*.



Hajj Step by Step – The Hajj

9. On The 11th → Spending the night at Mina

- First day of the days of *Tashreeq*
- The Prophet (peace be upon him) said:
"On the days of *Tashreeq*, enjoy food and drink and remember Allah."



Hajj Step by Step – The Hajj

9. On The 11th → Spending the night at Mina

Throwing the Stones at the three Jamarat:

- The time for throwing the stones at the three Jamarat starts when time of Zuhr starts and ends at the time of Fajr.
- They are to be thrown in ascending order; the small, the middle, then the big.
- Each of the Jamarat is to be stoned with seven stones consecutively.
- While throwing each stone, say "Allahu-Akbar".

Hajj Step by Step – The Hajj

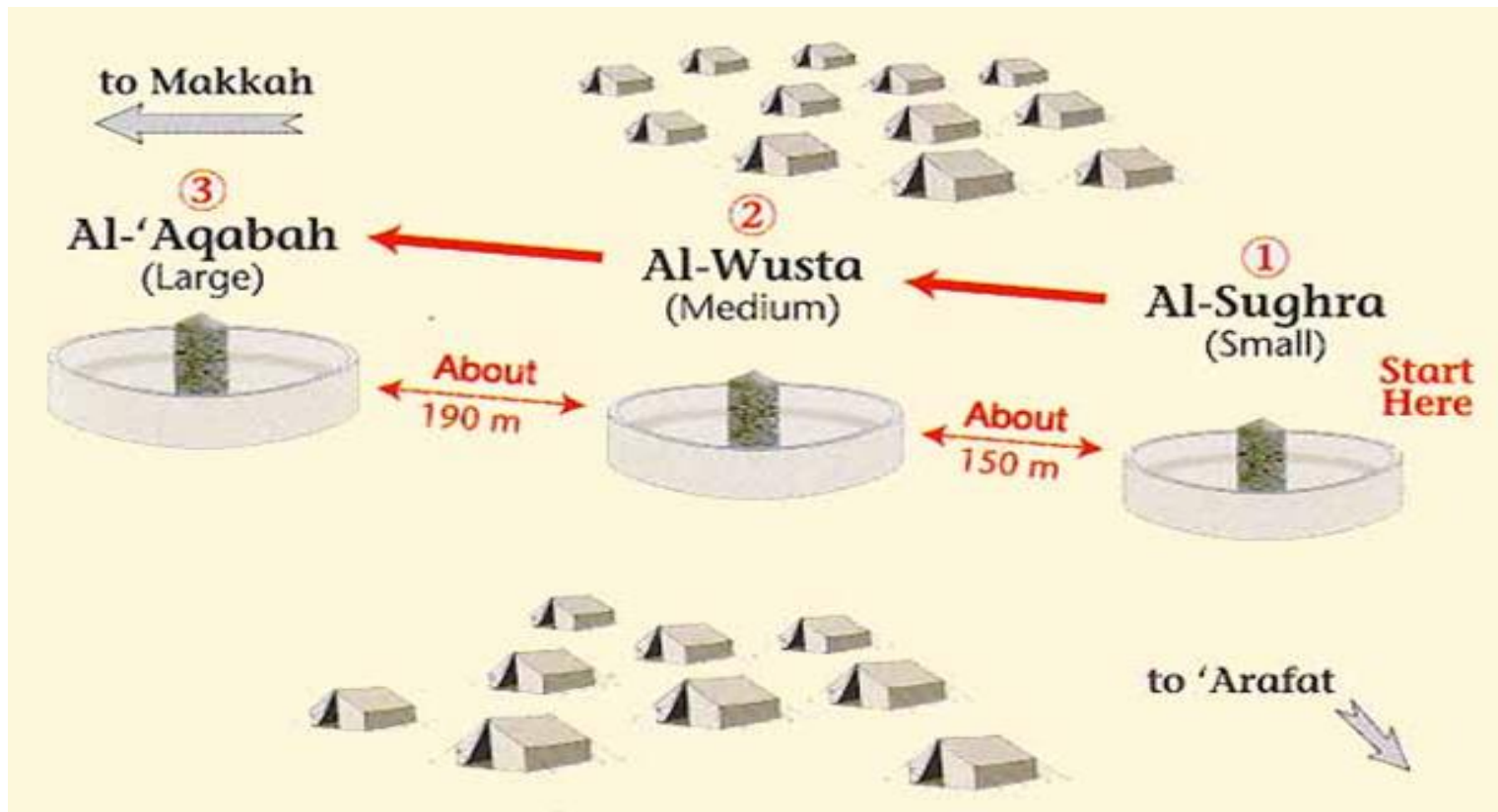
9. On The 11th → Spending the night at Mina

Throwing the Stones at the three Jamaraat:

1. After stoning the smaller one, face the Qiblah and supplicate for a long time .
2. Then proceed to the middle Jamaraat, throw the stones, face the Qiblah and supplicate for a long time.
3. Finally, at the big Jamaraat, after throwing the stones at do not make supplication, because the Prophet (peace be upon him) did not wait after throwing the last Jamaraat.

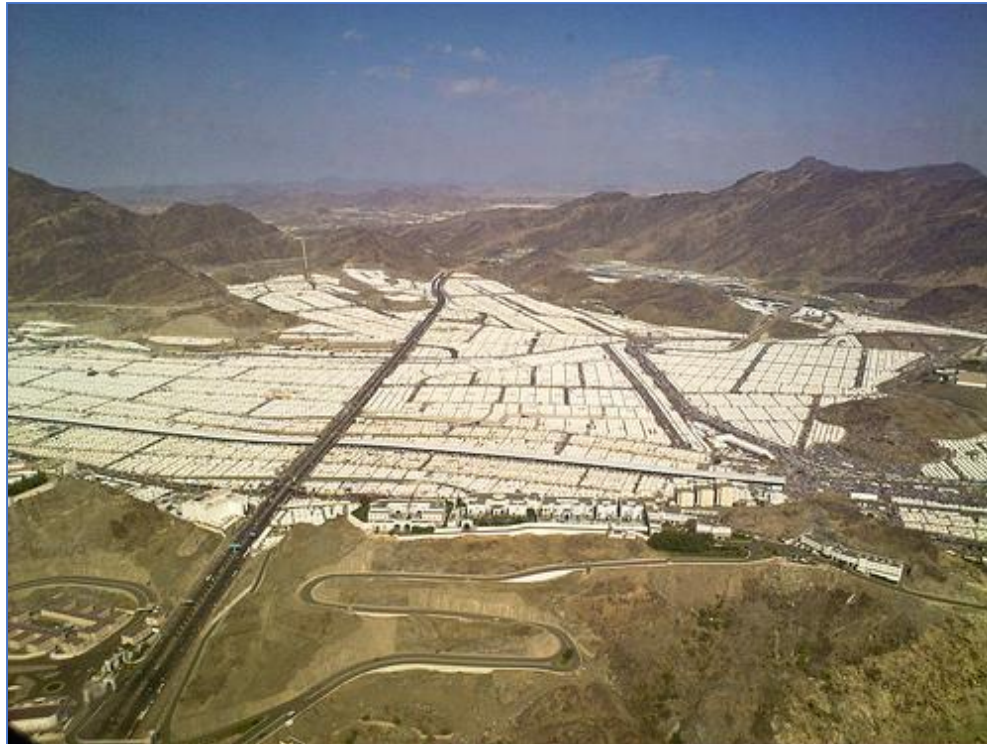
Hajj Step by Step

9. On The 11th → Spending the night at Mina



Hajj Step by Step

9. On The 11th → Spending the night at Mina



Hajj Step by Step

9. On The 12th → Spending the night at Mina

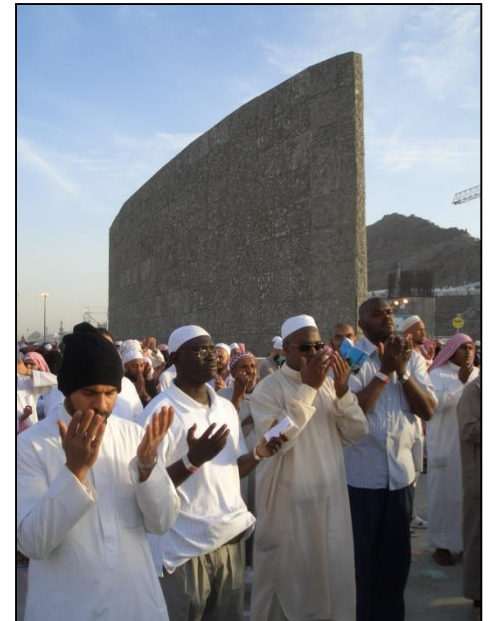
- Throwing the stones at the three Jamarat.
- If you are to finish your Hajj on the 12th, You have to leave Mina before sunset.
- It is better if you stay till the 13th.



Hajj Step by Step

9. On The 13th → Leaving Mina

- Throw stones at the three Jamaraat.
- Leave Mina before sunset.



Hajj Step by Step

10. Farewell *Tawaf*

- When you intend to go home;
- The menstruating woman is exempt.



The Reward of Hajj

The Prophet (peace be upon him) said:

**" The accepted Hajj there is
no reward for it except Paradise. "**

